

#### **Breast Cancer Awareness Month**

Each October, we pause to celebrate the survivors and remember those we lost to breast cancer. While there have been medical and treatment advancements, unfortunately, breast cancer remains an impactful, intrusive cancer that many men and women fight. It is estimated that in 2021, there will be approximately 281,550 new cases of invasive breast cancer and 43,600 breast cancer deaths in women\*. For men, the estimated cases are 2,650 and 530 deaths in 2021\*.



The numbers are absolutely daunting and concerning. However, we have hope. Early detection is key! Your healthcare provider or local health department can provide you with guidance on the appropriate screenings for your specific health condition and age. You may also wish to contact your insurance company to determine which screenings are covered and to find in-network imaging centers. If you do not have health insurance, the Florida Breast and Cervical Cancer Early Detection Program makes getting recommended cancer screenings easy. Screenings are free or low cost if you meet eligibility requirements. To find a location, visit the Florida Department of Health's **website**.

I cannot stress or reiterate enough the importance of early detection. Don't wait...contact a healthcare provider about screenings today!

Early Detection Saves Lives.

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